



## **HOMOEOPATHY TOMORROW**

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The success of any medical system depends on the practitioners of that system. It is through the practitioners that people come to know about the system. Homoeopathy survived 225 years only because of some very skill-full practitioners. The merits of a system is known to the world through the people who practice according to its laws and principles. Scope of homoeopathy is mainly in chronic disease treatment. Homoeopathy faced a lot of antagonism from its birth onwards. But as per the (hri – research.org) 200 million people are using homoeopathy on a regular basis through out the world. India leads in terms of number of people using homoeopathy with 100 million users. India has over 200,000 registered homoeopathic doctors with around 12,000 more being added every year. About 100 million people are using homoeopathy in Europe. Homoeopathy is practised in 40 out of 42 European countries. 10% of people in United Kingdom use homoeopathy. ECHAMP (European Coalition on Homoeopathic & Anthroposophic Medicinal products) says on a review published on 30<sup>th</sup> May 2017 on “Prevalence of Homoeopathy use by the general population world wide” in 11 countries says, adults receiving treatment by homoeopaths/or purchasing over the counter medicines ranged from .7 to 9.80%. The highest is in Switzerland, where homoeopathy is covered by mandatory health insurance. Countries included are USA, UK, Australia, Israel, Canada, Switzerland, Norway, Germany, South Korea and Japan. The review concludes that each year a significant percentage of the general population uses homoeopathy, including visits to homoeopaths and purchase of over the counter homoeopathic medicines. Visits to homoeopathic physicians are increasing in England at a rate of 39% per year (IJPR-10.22037/IJPR 2010.328). In the World Health Organization report about alternative medicine that published in 2019, we noticed that homoeopathy is regulated in 100 countries.

Unfortunately modern science knows only the causal relations postulated by scientists. The material sciences of biology of the nineteenth and twentieth centuries has reduced medicine like everything else to a one sided physical science based on causal explanation and fixed experimental data.

There are more enemies for homoeopathy than supporters. In 1900 all homoeopathy schools were shut down in America. The main reasons for the downfall of homoeopathy in America was:-

1. Abraham Flexner (he is not a medical man) report which closed all schools of medicines except allopathic in America.
2. A general animosity towards German system after the world wars.
3. Advent of Antibiotics and Vaccines which was thought to be the panacea for all diseases.

But even now many homoeopathic medicines like Arnica, Calendula, Rhus tox etc are available in many departmental shops and around ten pharmacies are producing homoeopathic medicines in America.

### **SCIENTIFICITY OF HOMOEOPATHY**

From its beginning homoeopathy, was questioned on four grounds.

1. Homoeopathy is placebo – Because the material content of the medicinal material could not be found in potencies above the Avagadros number, it is considered as a placebo system. But by nano technology, scientists proved the presence of medicine up to 200 potency. The scientific world may take another two hundred years to find out medicinal material in 1m,10m, 50m, cm & mm potencies. But all of them know that homoeopathy is effective.
2. The material science will not accept homoeopathic cures, because since the medicinal content can not be detected the cures made by homoeopathic medicines can not be claimed as an achievement of homoeopathy. All alternative systems are criticised in a similar manner. Yoga, Councilling, Excercise etc also can not prove that.

3. Homoeopathic medicines are not curing a particular disease, but it assist the body mechanism to build up immunity and throw out the disease. Homoeopathy has no cure for a disease but a cure for the individual.
4. Individualisation - No standardisation is possible, because homoeopathy treats the individuals weaknesses and not his disease. Homoeopathy says that one gets disease because of his susceptibility (weakness) and once the susceptibility is brought back to normal, the disease will leave the body.
5. Theory of vital force – Many people criticise the theory of Vital force, but it is there in Chinese medicine (qi or Chi), Ayurvedic medicine & Yoga (Prana), Religions name it (Atmav/spirit). Every body accepts that there is a force which helps the body to function harmoniously and when it leaves the body death occurs.
6. Hahnemann found out homoeopathy only to give the suffering humanity a cure for their sufferings and homoeopathy stands second in this mission. If any science wants to explain it they are free to do it.

But effectiveness is the greatest evidence for any system.

After 205 years of its existence, in the year 2010, by nanotechnology, we could find out that there is medicinal content up to the 200 potency.

## **FUTURE OF HOMOEOPATHY**

Many sceptics doubt how long homoeopathy will survive. Homoeopathy survived because of its laws and the cures obtained from it. No system can survive 225 years if it is not effective. Modern medicine survives because of vaccines, antibiotics, surgery and its life saving drugs. The multi billion dollar pharma industry is there to promote them. It suppresses or palliate a disease. Homoeopathy can cure a disease if it is treated at a proper time and can avoid 50% of surgeries. Homoeopathy survived not due to the support of Billion dollar pharma industry or media propaganda or due to Governmental patronage.

90% of acute diseases can be cured by nature itself and 10% only may go to complications. But chronic diseases remain through out life and is the cause of 70% of deaths. It is an accepted fact that allopathy has no cure for the

Allergies, Hormone problems, Arthritis, Diabetes, Hypertension, Hyper cholesterol, Cancer, heart diseases which constitutes 90% of the chronic diseases. That is why people in advanced countries go to other countries for alternative system treatments. Every year Five to Ten lakh people are coming to India alone for alternative systems treatment. Many corporate hospitals have started homoeopathy departments taking into account its popularity. Even World health organisation (WHO) is recommending hospitals with all systems of medicine under the same umbrella.

Another important area where homoeopathy has scope is in so called surgical diseases like Tonsillitis, Appendicitis, Calculi in Kidney, Gall stone, fibroid uterus, ulcers on Gastro intestinal system, Prostate enlargement etc. By proper homoeopathic treatment many surgeries can be avoided and these diseases can be completely cured. Another area is in tumor formations (both malignant and Benign) in various parts of the body. In conventional system of medicine the treatment is to remove the tumor by Radiation, Chemo therapy and surgery. Homoeopathy can reduce some of the tumors and also remove the tendency for the formation of Tumors. Many people resort to homoeopathy to prevent the recurrence of Tumors.

Since Sub-physiological doses are used in Homoeopathy, no side effects are detected for any homoeopathic medicines since 225 years. The whole world is becoming more and more getting aware of the side effects of the modern medicine and that is also one of the reasons for the growing popularity of homoeopathy.

Another factor is the importance of emotional or mental factors in diseases. Modern medicine is so obsessed with the material science and forgot the emotional factors in diseases. But every disease has emotional and physical factors. Every disease has a mental and physical factor which is not considered by Modern medicine.

The uniqueness of homoeopathy are:-

- 1.Cutting short the recurrence of acute diseases.
- 2.A complete cure for chronic diseases.
- 3.Removal of hereditary diseases.

4. Individualised treatment

5. Using sub-physiological doses to cure diseases.

People around the world are looking for Organic products in Agriculture, Food, Cosmetics etc. Already the search for natural medicinal substances have started. It paves the way for looking into alternative systems and homoeopathy stands first in the list.

Homoeopathy can cure all the above major illnesses if treated at a proper stage. The real merit of homoeopathy is in the treatment of chronic diseases. **Homoeopathy survived only because it can cure chronic diseases which can not be cured by allopathy.** Another important factor is because of minimum dose, it is cheap and available in many countries. Now homoeopathic medicines are available in every corner of the world by marketing companies like Amazon, Flipkart etc.

One biggest hurdle in the development of homoeopathy is that there is no proper teaching courses in many countries except in India, which has a five and a half year degree course (BHMS- Bachelor of homoeopathy and surgery) and three year post graduate course (MD(Hom)) and three years PHD, under the universities exclusively for homoeopathy, just like modern medicine. Although there are recognised associations in about hundred countries, they are umbrellas for many quacks also. In many countries Dentists, Midwives, Nurses, Veterinary doctors and people associated with some other methods of treatment are also practising homoeopathy. In many countries MD doctors who are very much attracted to the homoeopathic method are also practising homoeopathy because of their genuine passion for the system of homoeopathy. All the authoritative text books in homoeopathy are there contributions in the past. We want more institutionally trained Hahnemannian homoeopaths who practice classical homoeopathy as our soldiers.

Even World health organisation (WHO) says in its report that Homoeopathy is widely used in all WHO regions. The national regulatory framework and the place of homoeopathy within the health care system differ from country to country, but the use of homoeopathic medicines, mostly as non-prescription medicines is growing in many parts of the world. Even Lancet, a leading allopathic medical journal (famous for its anti-homoeopathy

propaganda) once came up with an article that homoeopathic pharma growth registered a 30% growth in 5 years and that is one of the fastest. But WHO is not going to approve the alternative systems like Homoeopathy, Ayurveda and Chinese medicine in near future because it is dominated by doctors from modern medicine who have nexus with the pharma companies. They look for the material science and does not approve the dynamic science.

Another factor which needs urgent attention is the growth of patent medicines manufactured by Homoeopathic pharmacies. They are combinations of probable medicines for a particular disease. These combinations can not be called homoeopathic medicines, because its preparation is not included in the Homoeopathic pharmacopeia of America or India which are the authoritative ones. A study conducted in 2019, by a government agency IMRB (Indian Medical research Bureau) on "Acceptance of homoeopathy in India" showed that 59% percentage of India's 130 billion population is using homoeopathic remedies at some point of their life and at least 77% believe homoeopathy is the best form of treatment for long term benefits. But 50% of it only goes to the homoeopathic doctor and others are buying these combinations from pharmacies. One of the reasons is many doctors are prescribing it or giving multiple medicines in prescription. So the patients find a short cut by buying these combinations. This is going to be a big hurdle in the development of homoeopathy. The real merit of homoeopathy can be felt by the people only if doctors follow single remedy and minimum dose. Now, what is happening is, Homoeopathic pharmacies are growing leaps and bounds but practice of Homoeopaths are not flourishing in a corresponding manner.

Vast majority of homoeopathic medicines sold directly to consumers in US and Europe through pharmacies and health food stores are low potencies and the real merit of homoeopathy is not felt because they are not using high potencies.

According to the survey conducted by "Transparency market research" the global homoeopathy product market is valued at 5.6 billion dollars in 2018 and projected to expand at a CAGR (Compound annual growth rate) of 14% from 2019 to 2027. In 2027 it is expected to reach 18.6 billion. The back bone of any system is the pharma companies and the growth in this sector is a promising feature.

Out of the main 4 systems of medicine namely Modern medicine, Homoeopathy, Ayurveda and Chinese medicine. Chinese medicine and Ayurveda's greatest disadvantage is that quantity of medicine required to treat a patient is too much and are available only in China or India. Homoeopathic medicines are available through out the world. This is one of the reasons why homoeopathy is the second most preferred system.

A welcome development occurred in the last twenty years is Government of India has a separate ministry for alternative systems called AYUSH (Ayurveda, Yoga, Unani, Siddha and Homoeopathy). Slowly many countries feel the inadequacy of one system and feels the importance of other systems also. More and more people are seeking alternative systems and their number is increasing.

About the Indian situation, Ravi Duggal, an independent health consultant in Mumbai says " Like their contemporaries in the west, say health researchers, wealthy Indians see homoeopathy as a route to well being. The result is a booming domestic industry, which has given rise to several corporate homoeopathic services. Estimated to be worth 6.3 billion rupees (\$ 165 million) this year, the homoeopathy market is growing at 25% a year and with in a decade spending on private homoeopathy will be almost 60 billion rupees (\$1555 million). An elite group of upper middle and rich classes in India consider homoeopathy to be fashionable. This has led to corporatisation"

Faculty of homoeopathy.org/the-growing-demand-for- homoeopathy says " The over the counter market in homoeopathy currently stands at around 40million pounds in UK, based on the last market figures published by Mintel, which estimated in 2007 it was worth 38million pounds but projected to reach 46 million pounds in 2012. There has been a 60% growth in the homoeopathic market in Europe over 10years (1995-2005); from 590 million Euro to 930 million Euro. 90% of homoeopathic products are consumed by France, Germany, Netherlands, Spain, Belgium, UK and Poland. Relative to population, France and Germany have highest consumption – 59%. In 2008, Australia spent 7.3 million US dollars on homoeopathic medicines. France spent more than 408 million dollars, Germany 346 million and the United Kingdom more than 62 million dollars. In USA, adults spent 2.9 billion dollars on homoeopathic dollars on homoeopathic products in 2007.

The demise of Homoeopathy does not therefore seem to be in sight. Both opponents and proponents will continue the debate till mechanism of action of homoeopathic medicine is discovered.

In India many modern medicine corporate hospitals are starting Ayurvedic and homoeopathic wings knowing its potential. This is mainly because when people don't get a cure with allopathy, they look towards Homoeopathy which is the second most preferred system. Homoeopathy is not a substitute for Allopathy. They are two different systems which operates on two different principles of cure and will be two parallel lines which will never meet. In near future people will look towards alternative systems for a complete cure and modern medicine for temporary relief and life saving measures. As Dr.H.A.Roberts (page 18) has said "*Homoeopathy as a profession carries a challenge. The possibilities of its art are infinite*". In a way world needs different systems of medicine to cure the illnesses since no one system can cure all illnesses.

In the next few decades the future of homoeopathy will be:-

1. More countries will accept homoeopathy and more educational institutions will come up in future.
2. More people around the world will start using it.
3. More Hospitals will have homoeopathic departments.
4. More recognition and support from World Health Organisation.
5. More support from Governments.
6. Big pharmaceutical companies will start producing homoeopathic medicines.
7. Homoeopathic medicines will be available at door step in the whole world by marketing agencies like Amazon, Flipcart etc.

What ever Hahnemann written has never been contradicted by the scientific world even after 225 years. Many of his theories are slowly implemented by allopathic system but no credit was given to Hahnemann. Not all his theories could be explained by science.

Homoeopathy can be attacked, but can not be destroyed or wiped out.



Homoeopathy survived many onslaughts from conventional medicine, Billion dollar Pharma companies, media, apathy from the WHO and Governments since its birth, and only because of its effectiveness it became the number two medical system in the world.